## PROMOTING RESILIENCE TO SHOCKS AND STRESSES IN SECONDARY CITIES

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## Abstract

This paper looks at why cities, and especially secondary cities, need to enhance their resilience to shocks and stresses including pandemics, disasters and climate change. The chapter begins by looking at why cities are important as sources of pollution and the reasons why it is essential to reduce their vulnerability to a range of threats, including pandemics. It then drills down on the implications of COVID-19 for urban resilience. Finally, options for strengthening the resilience of secondary cities are outlined as part of a strategy for sustainable recovery.

**Keywords:** urban, secondary cities, resilience, shocks and stresses, COVID-19, pandemic, disasters, climate change, recovery. sustainable

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